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Practical information on this year's editions of Frieze London, Frieze Masters, 1-54 Contemporary African Art Fair, PAD London Art + Design, Sunday Art Fair, and more.

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Outside of the fairs, don't miss the exhibitions on view throughout the city this week at the Tate, Hauser & Wirth, Delfina Foundation, Serpentine Galleries, and more.

# **RESTAURANTS & BARS/80**

Dine and drink at London's best spots, such as Blakes Restaurant, Park Chinois, and Berners Tavern.

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Spots like Dover Street Market are not to be missed during your time in London.



# INSIDER TIPS

Leading art, culture, and lifestyle experts share how they enjoy London.















Photo by Deniz Guzel.

# OLIVIER MALINGUE

# Gallerist

Instagram: @oliviermalinguegallery

# WHERE TO EAT AND SIP

The Clove Club in Shoreditch has the best of modern British cuisine. The scallops and the roasted duck are to die for. My friends from Hong Kong claim that A. Wong—a modern Chinese restaurant in Pimlico—serves at lunchtime the best dim sum in the world. And by far my favorite bar in London is the Coburg Bar at The Connaught hotel.

# WHERE TO SEE ART

David Zwirner's "Endless Enigma: Eight Centuries of Fantastic Art" will show works from Bosch, Titian, Goya, Sherrie Levine, and Luc Tuymans. And "Magic Realism: Art in Weimar Germany 1919–33" at Tate Modern will feature works of my two favorite painters, Otto Dix and George Grosz.

# WHERE TO HAVE FUN AND RELAX

Aside from Frieze, I always take time to visit PAD London, an art and design fair of excellent quality with a lot of top-quality French galleries. After visiting the fairs, I always end up having a glass of champagne at Claridge's followed by dinner at Hakkasan Mayfair or at Fera.

# PATRICK SEGUIN

# Gallerist

Instagram: @galeriepatricksequin



Photo by L. Hamill.

# WHERE TO EAT AND SIP

One of my favorite places to eat is Cipriani (now C London)—I have my habits there. I also love the River Café for lunch; the owner, the sweet Ruthie Rogers, is a friend of mine. Green's is a great stop on the way to Christie's. Having a crab salad or oyster at the bar is such a treat. For dinner, I would recommend Scott's, a really great atmosphere, in Mayfair.

### WHERE TO SEE ART

The Gagosian gallery at 20 Grosvenor Hill is a must see! One should also visit Sadie Coles, Almine Rech, Stuart Shave, Skarstedt Gallery, Simon Lee, Massimo De Carlo. I am inviting Campoli Presti for a "Carte Blanche" show in my London space in October. And I usually also visit the Tate and the Serpentine Gallery whenever I have a chance.

### WHERE TO HAVE FUN AND RELAX

For clubbing, Chiltern Firehouse (owned by my friend André Balazs) or Loulou's are the best. For a break, I love the spa at The Connaught hotel and of course the Claridge's Hotel, always. It's my London home.

# ALEXANDER GILKES

Co-Founder of Paddle8 and Co-CEO of The Native SA

Instagram: @gilkesa



Courtesy of Paddle 8.

## WHERE TO EAT AND SIP

For lunch, one of my favorite spots in London is Sweetings, a Victorian seafood restaurant with wonderful fish delivered from the British coastal towns. I usually have their Dover sole. For choice, I love to roam Borough Market and feast on the many stalls at the weekends and then saunter down the Thames to the Tate Modern. For scene, you can never go wrong with Scott's for the power canteen.

### WHERE TO SEE ART

My favorite London galleries are White Cube in Bermondsey and David Zwirner. As for museums, my top choices are Tate Modern, Serpentine, Sir John Soane's Museum, and the National Portrait Gallery.

# WHERE TO HAVE FUN AND RELAX

I love to escape to the Cotswolds, where I grew up. My favorite place to stay is Barnsley House in their Potting Shed. After long walks, I will reward myself with an ale at The Village Pub or the nearby Victoria Arms.



# TAYMOUR GRAHNE

Art Advisor

Instagram: @taymourgrahne

Photo by Scott Rudd Events.

# WHERE TO EAT AND SIP

Some of my favorite restaurants around town are Mazi, Donostia, Leroy, Popolo, and Osteria Basilico. For bars, I love The Nightjar, the bar at The London EDITION, and the Soho House bars.

# WHERE TO SEE ART

Tate Modern is always fantastic. I also try and see every show at the Serpentine and the Whitechapel Gallery. I always check Camden, Parasol, Chisenhale, Studio Voltaire, and Gasworks. For blue-chip, you have all the usual suspects that are centered in and around Mayfair. For emerging artists, some of my favorite emerging gallery programs are in the East.

# WHERE TO HAVE FUN AND RELAX

The Soho Houses are always a great option, as the food is always good and you can spend the day there hanging out without having to plan anything. I love walking, so if the weather is nice, spending a Saturday in one neighborhood and then Sunday in another. I like spending the day in the park, walking around neighborhoods, hanging out at friends' places, and checking out exhibitions.



Photo by Retts Wood.

# MARISA BELLANI

Founder and Director of Roman Road

Instagram: @romanroad

### WHERE TO EAT AND SIP

I love to go to Ducksoup in Soho, especially in the autumn and winter. It is intimate and cozy with a menu that often changes and has never disappointed me so far. On Sundays, lobster spaghetti at Cecconi's is my classic. For my meetings, I often go to Little House. It is easy and central.

# WHERE TO SEE ART

My favorite show of the summer was "Ed Ruscha: Course of Empire" at the National Gallery, which is on until the October 7. I also strongly recommend "Shape of Light" at Tate Modern. It's a very interesting survey of 100 years of abstract art and photography. We have two artists in the exhibition: Antony Cairns and Daisuke Yokota. Cairns's installation has been made especially for the exhibition.

# WHERE TO HAVE FUN AND RELAX

After an art-fair week, I always need to sleep and relax! I'd go to Babington House if in the U.K. or simply for a banya at the South Kensington Club.

# JEREMY EPSTEIN

Co-Founder / Director of Edel Assanti

Instagram: @edelassanti



Installation view: Noémie Goudal, Telluris, 2018, Edel Assa

### WHERE TO EAT AND SIP

My favorite local places are Kiln in Soho, which is a Thai street food place, and Lima, which is a delicious Peruvian spot in Fitzrovia. My favorite restaurant is Tsiakkos & Charcoal off Harrow Road—a neighborhood Greek restaurant that feels like you're in someone's living room.

## WHERE TO SEE ART

My favorite art venues in London are the lesser-visited house museums that give you a sense of a specific London history that you can't experience anywhere else—Sir John Soane's, the Foundling Museum, and the Freud Museum. I also always get to all our neighbors' shows in Fitzrovia and Soho. White Rainbow has been doing fantastic programming recently, focusing on contemporary Japanese avant-garde artists, and the Photographers' Gallery keeps delivering relevant and unpredictable exhibitions.

# WHERE TO HAVE FUN AND RELAX

My happy place is Spiritland in King's Cross, which has the best sound system in London, great DJs, drinks, and stays open late. I see a lot of live music in my free time. My favorite casual venues are probably Servant Jazz Quarter and Blues Bar in Soho.